Respite is help for the helpers.

Respite providers help people of all ages with disabilities and special healthcare needs

Become part of a growing workforce



Nebraska Lifespan Respite Network
P.O. Box 98933 Lincoln, NE 68509-8993

Nebraska
Family
Caregiver
Support

LIFESPAN RESPITE NETWORK

There is no greater gift than helping others.



NEBRASKA
Good Life. Great Mission.
DEPT. OF HEALTH AND HUMAN SERVICES

DDA-PAM-25 8/2026



Make a real difference in the lives of others

Respite workers make a real difference in the lives of other people by making it possible for them to live fuller, rewarding lives.

When you become a respite provider, you allow a family caregiver a chance to take a break and recharge from the demands of ongoing care.

Who is hiring Respite Providers

Individuals, families, and agencies throughout Nebraska are hiring respite providers. Positions are flexible. The family caregiver will be your employer and you work together to establish a schedule to fit everyone's needs.

What a Respite Provider does

Respite Care is:

- Directed by the family
- Individualized to meet the needs of the care receiver and family
- Providing meaningful experience for the care receiver.

Care is provided:

- In the family's home
- The provider's home
- In a community setting or facility



Signing up is FREE

Visit: https://respite.ne.gov/providers/how-become-respite-provider to learn more about becoming a provider with the Nebraska Lifespan Respite Network.

Steps to become Network Screened:

- ✓ Provider Application
- ✓ Background Check (FREE)
- ✓ Online Provider Orientation

Contact Us

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