

## MY FAMILY HAS CHILDREN OF SCHOOL AGE. WHAT MEDICAL SCREENING DO THE CHILDREN NEED?

In addition to the medical screening, a standardized well-child check form will be filled out for your child to send to school, and their vaccinations will be updated so that they can enroll in school as soon as possible.

## WHERE DO I GO FOR MY REFUGEE MEDICAL SCREENING?

Refugee resettlement agencies or your sponsors provide the initial support for your refugee medical screening, including connecting to a qualified contracted healthcare clinic that offers the domestic refugee medical screening examination in your area. The following are qualified contracted healthcare clinics:

### HEALTHCARE CLINICS



**CENTRAL DISTRICT HEALTH DEPARTMENT**  
1137 SOUTH LOCUST STREET  
GRAND ISLAND, NE 68801 Phone: 308-385-5175



**LINCOLN LANCASTER COUNTY HEALTH DEPARTMENT**  
3131 O STREET,  
LINCOLN, NE 68510  
402-441-8000



**CHI HEALTH CLINIC – UNIVERSITY CAMPUS**  
2412 CUMING ST. STE. 200, OMAHA, NE 68131  
402-717-0380



**SIOUXLAND COMMUNITY HEALTH CENTER**  
1021 Nebraska Street  
Sioux City, IA 51105  
Phone: 712-252-2477

### RESETTLEMENT AGENCIES



**LUTHERAN FAMILY SERVICES  
LINCON-GRAND ISLAND-LEXINGTON AREAS**  
2301 O STREET, LINCOLN NE 68510

**LUTHERAN FAMILY SERVICES**  
7929 W CENTER RD OMAHA, NE 68124



**CENTER FOR IMMIGRANT AND REFUGEE  
ADVANCEMENT (OMAHA AND LINCOLN)**  
4223 CENTER STREET OMAHA, NE 68105  
121 SOUTH 13th STREET LINCOLN, NE 68508  
402-898-1349



**CATHOLIC SOCIAL  
SERVICES OF SOUTHERN  
NEBRASKA**  
2241 O STREET,  
LINCOLN NE 68510  
402-474-1600

**NEBRASKA**

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DEPT. OF HEALTH AND HUMAN SERVICES

# Refugee Medical Screening

## A Guide to Health Care in Nebraska

### WHAT IS A REFUGEE MEDICAL SCREENING?

A refugee medical screening is your first step to health care in the United States (U.S.). It is a complete physical examination and a time to find any physical and emotional health problems that might prevent you from getting a job or going to school. Refugee medical screening is an essential part of your resettlement in the U.S.

All refugees, asylees, parolees, and Cuban/Haitian entrants who come to Nebraska should have a medical screening.

This medical screening occurs in a clinic trained in refugee medical screening and performed by a medical provider. Your medical screening requires two complete visits and includes the following:

- **Review of your overseas medical examination**
- **Review of your health history**
- **A physical examination**
- **Tests for infections**
- **Immunizations**

You should have this health assessment within 90 days of arriving in Nebraska. You can ask someone who speaks your language to attend your medical screening appointments.



## HOW IS THIS DIFFERENT FROM MY OVERSEAS MEDICAL EXAMINATION?

Your overseas examination only looked for conditions that would keep you from coming to the U.S., such as tuberculosis, physical or mental problems connected to violence, and drug addiction.

## HOW MUCH DOES IT COST?

You do not have to pay for the medical screening if Nebraska is your first destination in the U.S. The cost will be covered in one of two ways: 1) If you have a Medicaid card, then Refugee Medical Assistance (RMA) will pay. 2) If you do not have an RMA, your clinic may receive payment for the medical screening from the DHHS Refugee Resettlement Program.

## WHAT SHOULD I BRING?

When you have your medical screening, bring the following items with you if you have them:

- **All your medical records**
- **Immunization records**
- **List of any medications or herbs you use**

## WHAT IS A PRIMARY CARE PROVIDER?

Your primary care provider is the clinic or medical person who takes care of you regularly, especially if you are sick, need shots, or need treatment for a health problem.

Primary care means having one regular clinic or health care provider who takes care of your ongoing health care needs and, if necessary, refers you to a specialist.

## HOW DO I PREPARE FOR THE MEDICAL SCREENING?

- Bring each family member's available documents, such as I-94s, passports, medical records, vaccine information from home, and other identifying documents you may have.
- Pack snacks, water, extra diapers, or anything else you may need while waiting. Appointments may take several hours, as doctors will try to see your whole family in one day to limit the number of times you have to travel to their facilities.
- Arrive on time to avoid further delays or cancellations. When you are given an appointment, please arrive on time so the next family can be seen on time.
- If an emergency or urgent need arises, tell your case manager if you cannot make your appointment.

## WHAT SHOULD I EXPECT AT THE HEALTH SCREENING?

- First, you will check-in with the staff person at the front desk.
- Next, you will sit in a waiting room to be called to see the doctor/nurse. Please do not leave except in an emergency. If you need to use the bathroom, do not hesitate to ask where it is located.
- When it is your turn, you will be directed to a private exam room where the doctor/nurse will examine all family members.
- During the examination, the doctor/nurse will perform a physical exam and ask questions about your physical and emotional health.
- The doctor, nurse, or staff will need to know each family member's full name, date of birth, and address. Please make sure you have this information written down.
- Upon the completion of your exam, you may ask for a printed copy of your medical screening form for your records.

- Please note that all examinations require a blood test. This test will be completed at the clinic or scheduled for a different location.
- Please be sure to complete these tests and arrive on time for any future follow-up appointments. Your health screening is completed within two visits, so your subsequent appointments are crucial.

## WHAT ARE MY RIGHTS DURING THE HEALTH SCREENING?

- Each family member has the right to equal professional care and services.
- You have the right to free interpretation services.
- You have the right to express your desire to be seen by a doctor of a specific gender. Ask your case manager before the appointment. They can contact the clinic to try to arrange for this.
- You have the right to bring a companion into the exam room. Please note that clinic guidelines sometimes limit the number of people allowed in a room.
- You have the right to privacy, protected under U.S. law HIPAA. All your personal and health information will remain confidential.

