

Service Options for Individuals with Developmental Disabilities



it's all about choice

NEBRASKA

Good Life. Great Mission.

DEPT. OF HEALTH AND HUMAN SERVICES

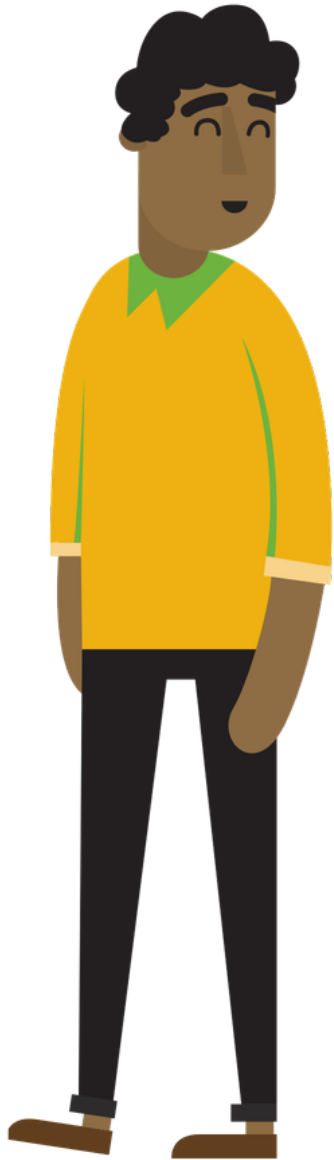
ready | set | !

After reading this brochure, you can continue to learn more about services. Our resources webpage has additional brochures and videos about developmental disabilities (DD) services.

<https://dhhs.ne.gov/Pages/DDA-Resources.aspx>



WELCOME



Hello! We are happy you are taking the time to learn more about services offer through the Nebraska Department of Health and Human Services for individuals with intellectual and developmental disabilities. We hope this booklet provides you with useful information about how you can take advantage of the many service options available.

We organized the booklet into three parts:

ready

What do you need and want?

Would waiver services help you be more independent? If yes, go forward!

set

Think you might be eligible? Apply to find out. Learn how to apply and what to expect of the process.



It is time to start waiver services! Choose your supports, create a plan to live your good life, and realize your dreams. You are in the driver's seat!

ready

The first thing you need to do is get ready!

Here are answers to some of the questions you might be thinking about.

Is this booklet for me?

This booklet is for people who think they might be eligible for developmental disabilities (DD) services in Nebraska.

What is the point of waiver services?

Waiver services help you live, work, and play in your community as independently as possible. It is important that you get to choose the people you want to live with and where you want to live. You will want to choose what to do for work and what to do for fun.

The services you receive depend upon many things, including your needs, which waiver you receive, and your goals. It is up to you to choose what is best for you!



ready



What services are offered?

DD Services support you while living in your community.

- Most services teach you skills to become more independent.
- Residential services are designed to help you live in your home and community. These are available at any age when you have a need for them.
- Day services occur most often during daytime hours and outside your home. Employment services are designed to help you keep a job. Day and employment services are only available once you are 21 years old and have completed that school year.

For an overview of waiver services, check out the DD Quick Guide! dhhs.ne.gov/Pages/DD-Service-Array.aspx



Once eligible, your Service Coordinator will talk with you about services in more detail and explain what services you may choose.

set

Now, it is time to get set!

Read on for more questions and answers.

Am I eligible for waiver services?

Waiver services are paid for by Medicaid. This means you must be eligible for Medicaid to be eligible for a waiver. Waiver services are available for people with a qualifying need.

Each waiver has different eligibility requirements. You can learn more about eligibility requirements for each waiver on our website.



dhhs.ne.gov/Pages/DD-Eligibility.aspx

set

How do I apply?

Call or go to your local DHHS office to fill out a paper application.

Or visit

iServe.nebraska.gov.



If you would like additional assistance, our team will walk through the application with you.

When you apply, you may have to provide documentation from your school or medical professionals. Resources to help guide you through the application process are available on the DHHS website.

How long is it going to take to get services after I apply?

Receiving services is a marathon. You will receive services after you are found eligible, choose services and providers, and write a plan with your Service Coordinator. Please be patient as we work through the process together.

**If you need immediate assistance call (877) 667-6266.*



I'm eligible for DD services. Now what?

Being eligible for services is the first step! You will be assigned a Service Coordinator to help you through the process. Your team will help you think about what is possible for you to live out your dreams of living, working, and playing in your community. You will choose your services and who will provide them.

An assessment will be completed with you to determine which waiver you will receive. Your Service Coordinator will go over the results with you and discuss which services will meet your needs. Your Service Coordinator will tell you about your funding and help you determine how to best use it. Then, you can begin to make your plan.

This is an exciting step! Your Service Coordinator will help you make these important decisions and put together your plan for the life you choose.



Who provides waiver services?

A provider is someone who works with you to get the services you have chosen. In many cases, you have a choice of two types of providers for DD services: agency and independent.

Our resources webpage has provider directories for both agencies and independent providers who are looking to work with additional people. These directories include alphabetical and geographical listings, what services each provider offers, and contact information.

Agency providers are approved by the state and are responsible for hiring, firing, scheduling, training, and paying staff members. There are many agency providers across the state. You may find agency providers in your area by viewing the DD Agency Provider Directory. Your Service Coordinator can help you meet agency providers and tour their locations.

Independent providers are people who provide services, but do not work for an agency. This may be someone you already know, such as a neighbor or friend. You are responsible for hiring, scheduling, training, and firing your independent providers. They must meet requirements set by the state and be approved before working for you. When you have someone in mind, your Service Coordinator will help them get signed up.

Choice! Flexibility! Control!

Now, you are ready to go!

Your Service Coordinator will help you create a plan to meet your unique needs. Your plan will reflect choice, flexibility, and control to help you live your best life.

Choice!

Decide what supports you need.

Select who supports you.

Choose with whom you spend your time.

Flexibility!

Schedule your supports and when you need them. Determine how much or how little support you receive. Design your plan based on your interests. Mix paid services and natural supports to meet your needs.

Control!

Build upon your strengths and address your needs. Determine how your individual budget will be spent. Change your plan when needed.

Choose Your Supports.
Create Your Life.
Realize Your Dreams.



dhhs.ne.gov/Pages/HCBS-Participant-Planning.aspx



Service Options for Individuals with Developmental Disabilities



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